

AIR FORCE SCHOOL

JALAHALLI BANGALORE - 560014

NEWSLETTER

APRIL & JUNE 2025

EVENTS

1. Pocso & Posh Workshop
2. Workshop on Mental Health and Well-Being
3. MUN
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POSCO and POSH- Workshop

Teachers of Air Force School Jalahalli attended an enlightening workshop on POSCO (Protection of Children from Sexual Offences Act) and POSH (Prevention of Sexual Harassment at Workplace) held at Air Force School Hebbal. The session focused on legal frameworks, rights awareness, and preventive measures to ensure child safety and a respectful work environment. Interactive discussions and case studies enhanced understanding, equipping teachers with valuable knowledge to foster a safe and secure school environment.

PATRON:

Mrs Revathy Gurumoorthy

CHIEF EDITOR:

Mrs Latha

STUDENT EDITORS:

Srivaruna J

Asin Ancil

Workshop on Mental Health and Well-Being

On 19 April 2025, Air Force School Jalahalli hosted a workshop designed for both teachers and students. Lt Col Arti and Dr Wg Cdr Rohit from the Psychiatric Department of the Command Hospital led the session, which highlighted the growing importance of mental health awareness in education.

The facilitators underscored the significance of understanding child psychology and the vital role that educators play in recognising, supporting, and guiding students through various emotional and psychological challenges.

Overall, the workshop was an insightful and enriching experience that highlighted the school's dedication to fostering not only academic success but also emotional and mental well-being.





Model United Nations

Air Force School Jalahalli strongly believes in imparting holistic education that goes beyond textbooks. The school provided students a valuable opportunity to participate in the Model United Nations (MUN). A school-level MUN event was successfully organised in April 2025.

Students actively engaged in discussions on global issues, showcasing critical thinking and confidence.

The best-performing delegates from this event were selected to represent the school at an inter-school MUN competition, where they demonstrated commendable performance and upheld the school's values of excellence and global awareness.

Sahodaya Awards



Air Force School Jalahalli takes immense pride in sharing that three of its dedicated teachers, Mrs Vijayalakshmi, Mrs Smitha and Mrs Prathiva, have been honoured by Bangalore Sahodaya for their continuous contribution in the field of education. This recognition not only celebrates their unwavering commitment and excellence in teaching but also adds value to the school's legacy.

Their achievements serve as an inspiration for educators everywhere, reaffirming the importance of passion, perseverance, and purpose in shaping young minds.

CCA Inauguration

Air Force School Jalahalli held its Co-Curricular Activities (CCA) Inauguration in the month of April 2025. The event commenced with a vibrant inaugural dance performance by the Secondary students, showcasing talent, coordination, and cultural grace.

The ceremony was officially inaugurated by the Principal, Mrs. Revathy Gurumoorthy, who emphasised the importance of co-curricular activities in nurturing holistic development, creativity, and confidence in students.

The event marked the beginning of a year full of opportunities for students to explore, express, and excel beyond academics.



Summer Camp– 2025



The school successfully conducted a vibrant Summer Camp between 10 June 2025 and 18 June 2025, offering students a joyful blend of learning and fun. The camp featured a wide range of engaging activities including painting, pottery, language classes, music, dance, yoga and karate.

Each session was designed to enhance creativity, boost confidence, and promote holistic development. The enthusiastic participation and cheerful energy made the camp a memorable experience. It was a perfect platform for students to explore their talents and enjoy their summer productively.



Mock Terrorist Drill

On June 21, 2025, the school conducted a mock terrorist drill under the guidance of teachers, with perfect execution by the NCC cadets. The drill aimed to showcase precautionary measures and discipline, raising awareness about emergency protocols in the event of unforeseen threats. Students promptly followed safety measures, ensuring a coordinated and calm response. The principal initiated the alert with a siren, marking the beginning of the drill. This event demonstrated the school's safety measures and instilled confidence and awareness throughout the campus.



Serene Yoga at AFS JAL

"Yoga is a light, which once lit, will never dim." Air Force school Jalahalli celebrated International Yoga Day with the whole fraternity in the MUGA ground. Under the guidelines of the school yoga instructor, the principal, managers, staff, teachers, students, and MTS took part and performed asanas enthusiastically. The session included breathing exercises, Surya namaskara and various asanas like Vrikshaasana, Trikonasana, etc. The programme was concluded with the vote of thanks by Head Mistress Ms. Syeda Tabassum.





CCA Solo Singing Competition

A vibrant Solo Singing Competition was held at Air Force School Jalahalli on 30th June 2025 as part of the CCA activities. Themed "Environment", the event saw enthusiastic participation from students from each house. Participants captivated the audience with soulful renditions highlighting nature, conservation, and the beauty of Earth. The competition not only showcased musical talent but also raised awareness about environmental issues. The judges appreciated the creativity and message in each performance. The event concluded on a melodious note, leaving a lasting impact on the listeners.

Swimming Champs

Airforce School Jalahalli is proud to share the achievements of our students at the KSA State Swim Meet 2025 held at the Corporation Swimming Pool, Bengaluru, from 28th to 31st May 2025.

Vyas Vijay (Group 2B Boys) won First place in the 800m free style event with a remarkable score of 10.03 06, He secured second position in the 50 M butterfly with the score 29.78. He also acquired

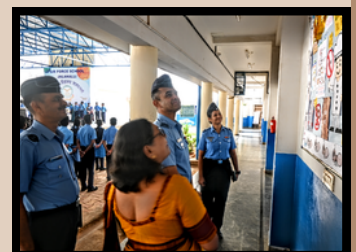
third Place in the 50m Freestyle event with an impressive timing of 29.43 seconds.

Daksh Aniruddha (Group 2A Boys) representing Global Swim Centre secured a Bronze Medal and was awarded a Certificate of Merit for his commendable performance.



School Inspection

An official inspection was held on 24th June 2025 at Air Force School, Jalahalli, by Wg Cdr V.R. Godbole and his team from the Training Command. Sir interacted with students and teachers, appreciating the school's discipline, enthusiasm, and academic environment. The visit concluded positively with encouraging feedback and commendation.



Play, Learn, Grow

My First Day at AFS



Earth Day Celebration by our tiny tots



Bend, Breathe, Bliss



Koushan Choudhary
IV - B



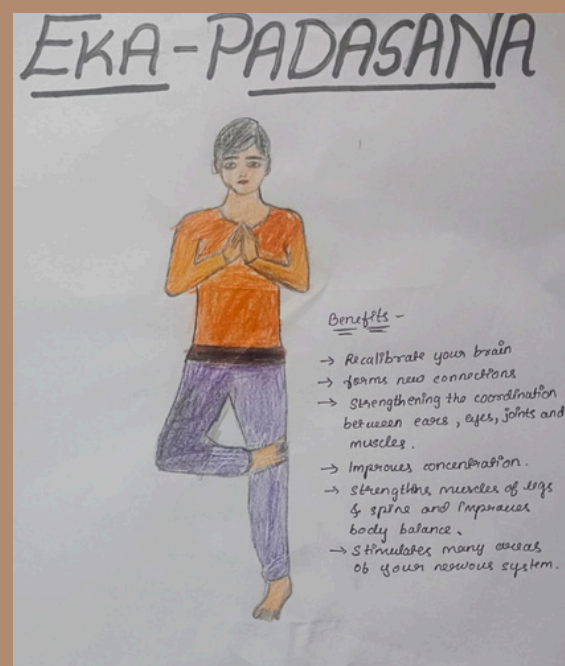
Abhity Gupta
IV B



Avijot Singh
IV - B



Bhuvik V
IV B



Advik S Koujalgi
IV B

Benefits -

- Recalibrate your brain
- forms new connections
- Strengthening the coordination between ears, eyes, joints and muscles.
- Improves concentration.
- Strengthens muscles of legs & spine and improves body balance.
- Stimulates many areas of your nervous system.